

PLUM GROUP FOODS Product List

Plum Group Foods is a woman-owned, WBENC-certified broker and distributor, serving food manufacturers since 1990.

VEGETABLES

Artichokes

IQF · Canned

Asparagus

IQF · Frozen Puree

Green Beans

IQF · Canned

Beets

IQF

Broccoli

IQF · IQF Riced

Brussels Sprouts

IQF · IQF Roasted

Carrots

IQF · Frozen Puree · Aseptic

Cauliflower

IQF · IQF Riced

Celery

IQF

Water Chestnuts

IQF

Collard Greens

IQF

Corn

IQF · IQF Ready to Eat

Variety: Supersweet, Jubilee

Cucumber

IQF

Eggplant

IQF · IQF Roasted

Garlic

IQF · IQF Roasted · Frozen Puree · Dehydrated · Aseptic

Kale

IQF

Leek

IQF

Mushrooms

IQF · IQF Roasted · Dehydrated

Okra

IQF · Canned

Black Olives

IQF · Canned

Green Olives

IQF · Canned

Green Onions

IQF

Red Onions

IQF · IQF Roasted · IQF Sautéed · Dehydrofrozen

Yellow Onion

IQF · IQF Roasted · IQF Sautéed · Dehydrofrozen

White Onions

IQF

Parsnip

IQF

Green Peas

IQF · Canned

Green Bell Peppers

IQF · IQF Roasted · Dehydrated

Jalapeño Peppers

IQF · IQF Roasted · Dehydrofrozen · Aseptic · Brined

Red Bell Peppers

IQF · IQF Roasted · Dehydrofrozen · Dehydrated

Serrano Peppers

IQF · Frozen Puree

Yellow Bell Peppers

IQF

Shallots

IQF

Edamame

IQF

Spinach

IQF · IQF Ready to Eat

Butternut Squash

IQF · Frozen Puree

Yellow Squash

IQF · Frozen Puree

Zucchini

IQF · IQF Roasted · Frozen Puree

Tomatillo

IQF · Aseptic

Tomatoes

IQF · IQF Roasted · Aseptic

Form: Paste, Diced, Crushed

FRUITS

Apple

IQF · Frozen Puree

Apricot

IQF · Frozen Puree

Avocado

IQF · Aseptic · Guacamole Cups

Banana

IQF · Frozen Puree

Blackberry

IQF · Frozen Puree · Freeze Dried · Aseptic

Blueberry

IQF · Freeze Dried

Boysenberry

IQF

Cantaloupe

IQF

Cherry

IQF · Dehydrated

Cranberry

IQF · Dehydrated

Kiwi

IQF

Mango

IQF · Frozen Puree · Aseptic

Peach

IQF · Frozen Puree · Aseptic

Pear

IQF · Frozen Puree · Juice Concentrate · Aseptic

Pineapple

IQF · Frozen Puree · Juice Concentrate · Aseptic

Pomegranate

IQF · Juice Concentrate

Raisin

Dehydrated

Raspberry

IQF · Frozen Puree

Rhubarb

IQF

Strawberry

IQF · Frozen Puree

GRAINS & BEANS

White Barley

IQF Ready to Eat

Black Barley

IQF Ready to Eat

Couscous

IQF Ready to Eat

Orzo

IQF Ready to Eat

Quinoa

IQF Ready to Eat

Variety: White, Red, Black

Oats

IQF Ready to Eat

Buckwheat

IQF Ready to Eat

Whole Wheat

IQF Ready to Eat

Amaranth

IQF Ready to Eat

Kamut Brand Wheat

IQF Ready to Eat

Millet

IQF Ready to Eat

Bulgur Wheat

IQF Ready to Eat

White Rice

IQF Ready to Eat

Brown Rice

IQF Ready to Eat

Wild Rice

IQF Ready to Eat

Red Rice

IQF Ready to Eat

Jasmine Rice

IQF Ready to Eat

Basmati Rice

IQF Ready to Eat

Arborio Rice

IQF Ready to Eat

Green Beans

IQF Ready to Eat · Canned

Great Northern Beans

IQF Ready to Eat · Canned

Pinto Beans

IQF Ready to Eat · Canned

Black Beans

IQF Ready to Eat · Canned

Red Kidney Beans

IQF Ready to Eat · Canned

White Kidney Beans

IQF Ready to Eat · Canned

Garbanzo Beans

IQF Ready to Eat · Canned

Large White Lima Beans

IQF Ready to Eat · Canned

Small Red Beans

IQF Ready to Eat · Canned

Pink Beans

IQF Ready to Eat · Canned

Navy Beans

IQF Ready to Eat · Canned

Black-Eyed Peas

IQF Ready to Eat · Canned

POTATOES

Russet Potato

IQF · Dehydrated · Dehydrofrozen · IQF Roasted

Dehydrated: Flakes, Flour

Dehydrofrozen: Sliced, Diced

Frozen: Wedges, Diced, Sliced, Fries, Shredded Hash Browns

Red Potato

IQF · Dehydrated · Dehydrofrozen · IQF Roasted

Dehydrated: Flakes, Flour

Dehydrofrozen: Sliced, Diced

Frozen: Wedges, Diced, Sliced, Fries, Shredded Hash Browns

Gold Potato

IQF · Dehydrated · Dehydrofrozen · IQF Roasted

Dehydrated: Flakes, Flour

Dehydrofrozen: Sliced, Diced

Frozen: Wedges, Diced, Sliced, Fries, Shredded Hash Browns

Sweet Potato

IQF

SEEDS & SPICES

Allspice

Spices

Black Pepper

Spices

Cinnamon

Spices

Cloves

Spices

Ginger

Spices

Mace

Spices

Nutmeg

Spices

Paprika

Spices

Red Pepper (Ground)

Spices

Saffron

Spices

Turmeric

Spices

White Pepper

Spices

Anise

Seeds

Annatto

Seeds

Caraway

Seeds

Cardamom

Seeds

Celery Seed

Seeds

Coriander

Seeds

Cumin Seed

Seeds

Dill Seed

Seeds

Fennel

Seeds

Fenugreek

Seeds

Mustard Flour

Seeds

Poppy Seeds

Seeds

Sesame Seeds

Seeds

Basil Leaves

Herbs

Bay Leaves

Herbs

Chervil

Herbs

Cilantro

Herbs

Marjoram

Herbs

Oregano Leaves

Herbs

Parsley Leaves

Herbs

Rosemary Leaves

Herbs

Sage Leaves

Herbs

Savory Leaves

Herbs

Tarragon Leaves

Herbs

Thyme Leaves

Herbs

Chili Powder

Seasoning Blends

Curry Powder

Seasoning Blends

Italian Seasoning

Seasoning Blends

Pickling Spice

Seasoning Blends

Pizza Seasoning

Seasoning Blends

Rye Seasoning

Seasoning Blends

Sausage Seasoning

Seasoning Blends

Dehydrated Garlic

Dehydrated

Dehydrated Onion

Dehydrated

Dehydrated Green Bell Pepper

Dehydrated

Dehydrated Jalapeño

Dehydrated